

WWW.MIGsoccer.com

Week of:	Sun.	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.
Left Foot			572	5			
Right Foot		27			22	A	
Both Feet						M	
Headers	27					A	
Whole Body							
TOTAL	~				- /7		7
		14			PI		

Week of:	Sun.	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.
Left Foot							
Right Foot	5						
Both Feet							2>
Headers			1				
Whole Body	(						
TOTAL							47
							V
5	1			7			4

Week of: 🦯	Sun.	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.	
Left Foot								
Right Foot	27					53		
Both Feet					5			
Headers		2			25			
Whole Body			<u></u>					
TOTAL		Z		ģ	6			

Week of:	Sun.	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.
Left Foot		9			P		
Right Foot		0	b	LL L			
Both Feet							
Headers							
Whole Body							
TOTAL							